

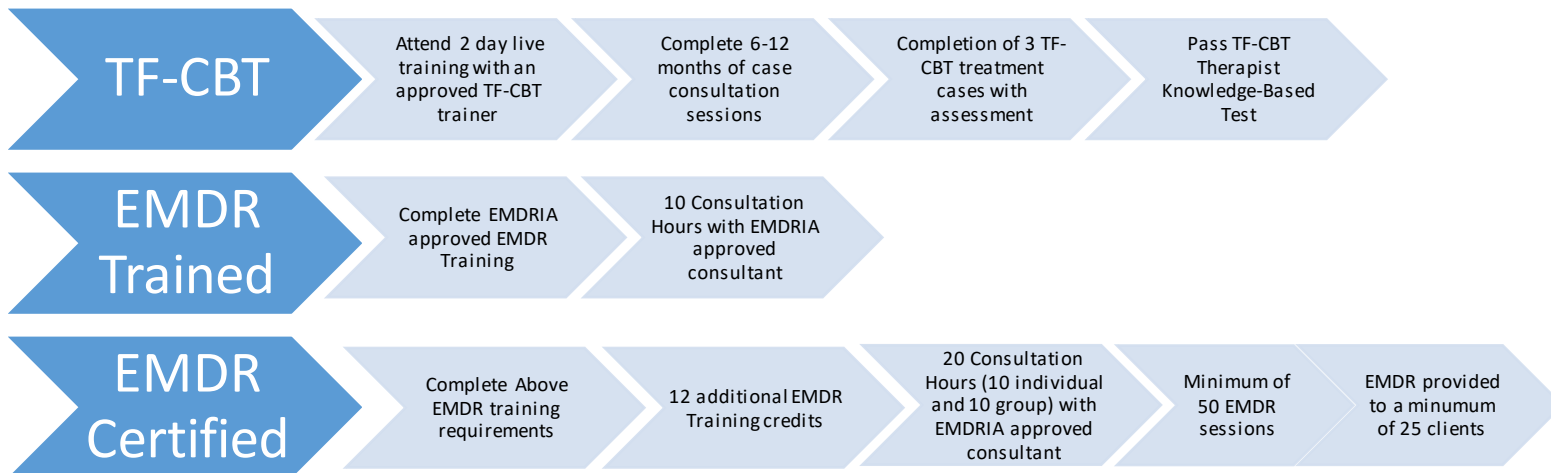


Trauma Specialty Scholarship

Trauma Focused- Cognitive Behavior Therapy (TF-CBT) is an evidence-based treatment for children and adolescents impacted by trauma and their parents or caregivers. Research shows that TF-CBT successfully resolves a broad array of emotional and behavioral difficulties associated with single, multiple and complex trauma experiences. TF-CBT is a structured, short-term treatment model that effectively improves a range of trauma-related outcomes in 8-25 sessions with the child/adolescent and caregiver. ¹

Eye Movement Desensitization and Reprocessing Therapy (EMDR) is an extensively researched, evidence-based treatment method proven to help people recover from trauma and other distressing life experiences, including PTSD, anxiety, depression, and panic disorders. EMDR therapy does not require talking in detail about the distressing issue or completing homework between sessions. EMDR therapy, rather than focusing on changing the emotions, thoughts, or behaviors resulting from the distressing issue, allows the brain to resume its natural healing process.²

*Clinicians can provide EMDR therapy after completing the EMDR Trained track. Certification benefits include additional training and experience, as well as being an approved member of the EMDR International Association (EMDRIA).



Deadline: Applications will be accepted up to June 30, 2022.

Eligibility:

1. Working at least part-time (10 billable hours per week) in a behavior health program.
2. For TF-CBT- Master's Degree in a mental health discipline AND hold a permanent and active License in PA.
3. For EMDR - Master's Degree in a mental health discipline AND either Licensed in PA OR in the process of pursuing licensure under supervision. If Unlicensed, clinician can be EMDR Trained but not EMDR Certified.
4. In good standing with company (i.e., no current corrective counseling, attendance, etc.)

How to Apply:

1. Please submit a proposal with the following information complete all requested information
 - a. Staff Name, Current Program, County
 - b. Institution or Trainer Name
 - c. Outline of requirements
 - d. Costs associated with training/certification process
 - e. Program of study;
 - i. Please specify if your interest is EMDR or TF-CBT track.
 - f. Time frame for completing the program
2. Please share in one page (less than 250 words) your personal understanding of how either TF-CBT or EMDR benefits clients we serve and goals for how this training scholarship will benefit you as a trauma specialist.

Jennifer Pivovarnik, Operations Director is able to answer questions about our Trauma Specialty programming details. jpivovarnik@laurellife.com 717-364-5464

Erika King, HR Assistant, is able to answer questions related to payment or reimbursement details. Eking@laurellife.com 717-375-4834

***This scholarship is in addition to the current tuition reimbursement benefit and is subject to IRS Rules for tuition only related to reimbursements. Anything over \$5,250 in a calendar year is considered taxable income to the employee*

**All applications will be considered and maximum possible awards offered. Final number is based on influencing factors such as availability of supervision and location.*

1. Tf-cbt.org
2. Emdria.org